


Deva Wings



The Wounded Healer

by Tarajyoti Govinda


Deva Wings
PUBLICATIONS

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*This book is dedicated to
Ananda Tara Shan
for her love and dedication
to the Lord Maitreya
and the spiritual Cause*



THE WOUNDED HEALER

The wounded healer is an archetype that when understood gives great insight into the process of healing within us. It helps us to understand the paradoxes and enigmas of life on Earth. It brings understanding and clarity to our client / healer relations, warning us of the pitfalls. It raises us to the awareness of our Spirit and gives some comprehension of the struggle we have on Earth trying to find meaning. This booklet will assist you to understand the wounded healer archetype in its many facets. We will look at the myth of Chiron and the role the planet Chiron plays in our process towards individuation.

A full account of what an archetype is, and its relation to the structure of our psyche is given in the booklet *The Saviour Complex*, as the saviour complex, like the wounded healer, is an archetype that is helpful to understand if one is to become a good healer. A glossary of terms also appears at the end of *The Saviour Complex* booklet. If you have not read that booklet first you may find it difficult to comprehend exactly what is meant by saying that the wounded healer is an archetype, and what that means in relation to our wholeness. I recommend therefore that you study *The Saviour Complex* booklet before approaching this one, or many of the terms and concepts within it may not be as well understood as they could otherwise be.

CHIRON

Chiron is the wounded healer, the centaur. “Cheir” means hand, “centron” means goat. It rules the place where we either take action in this life, or the difficulties. It represents the step beyond the world of form and structure and awakens us to the greater story. It is the place where we are constantly vulnerable. Though it is the wound that lies between Spirit and our instinctual nature it is unique in every case. If we look to astrology, Chiron can help us to identify the area of the wound, by looking at the ‘house’ in which it is placed; the wound’s nature, by looking at the aspects; and the description of the wound, by looking at the zodiac sign it falls in.

If we look at astronomy we see that Chiron was discovered November 1st, 1977. Its orbit wavers between Saturn and Uranus, the mythological father and grandfather of Chiron. Its orbit is elliptical. The realms of form and spirit may be bridged through the awareness of what it represents. The symbol of Chiron is ready to emerge into the conscious process of humanity.

Psychologically, Chiron helps us to address the split between Spirit and matter. The wound lies, and disease festers, in the space between the two. The wounded healer is a collective archetype where the

wound reveals the longing of the soul. Through the understanding of Chiron we are awakened to the need to tend to the wound in the Earth.

The discovery of a new outer planet is a momentous event, suggesting that an archetypal pattern, another facet of the Divine, is being activated within the collective psyche, stirring below in the unconscious depths and seeking recognition. (Melanie Reinhart)

THE CRISIS ON EARTH

The discovery of Chiron brings with it the awareness of how humanity continues to wound the Earth which gives it life and nourishment. We can no longer remain unconscious or choose to stay ignorant about what we are doing. As we wound the Earth we wound ourselves. The Earth, made up of all its nations, and people thereon, is in a state of crisis. Humanity has made a devastating impact upon the Earth through ignorance, thoughtlessness, and negative intent. We have polluted the rivers, the oceans and the seas, demolished the trees, and through materialism and greed have used up many of Earth's resources, without consideration for the future generations or the future life of the planet and its destiny. The Earth's destiny is to become a Star of Light. For that to occur humanity needs to change its ways and bring back the needed respect for the Earth and all life on it. Humanity needs to lift in consciousness with the help of the angels, and come once again to know God's Love and Light, thus bringing Spirit into matter in all areas of our lives.

As the Age of Aquarius approaches, which is also known as the Age of Maitreya, we must turn our attention to group work and group endeavour. Humanity as a whole is being asked to cooperate with the angelic forces and our extraterrestrial brothers and sisters to help lift the Earth and all life on it into the Light, so that it may shine as a Star and become the sacred planet it can be.

The Lord Maitreya is our Teacher at this time, teaching the angels, humanity and even our extraterrestrial friends what is required of us in order that we may create the needed effects upon the Earth. In His Age the Seventh Ray and its impulse of transformation, freedom, and law and order, reminds us that, if we wish to find freedom and liberation of soul, we must live by the spiritual Law. This was the lesson of Chiron, the wounded healer. It was only by adhering to the Divine Laws that Chiron was able to find eternal life and develop a loving connection with his Father Mother God.

Adhering to the Divine Laws means embracing a life of love and goodness, living in truth, harmlessness, peace and goodwill. It means becoming responsible for our actions as we walk upon the planet. To further understand unique nature of the wounded healer let us explore the myth.

THE MYTH OF THE WOUNDED HEALER

Exploring myth gives insight and provides learning for ways to cope with psychological elements of the time. It helps us open to the winds of change. Myth is a living entity and exists within every person. As Johnson (1989) in his book *He: Understanding masculine psychology* tells us the most rewarding mythological experience is to see how it lives in your own psychological structure. So to explore myth we can look at everything that happens as part of ourselves. When we look at the archetype of the wounded healer within the myth, we see that there are possible positive and negative manifestations of such an archetype, as there is with all archetypes. The range given provides us with a lot of insight about how this archetype can manifest within us.

In Greek myth, centaurs are often portrayed as wild, unpredictable and uncultured. Chiron, though a centaur, was set apart from others by being known as a gentle and gifted healer and mentor who was the most just of all, and a sage. He is separated from others by his vision and knowledge. This separation from the masses is a theme that follows Chiron wherever he goes. It is a symbol of the feeling of not belonging.

In the myth, two accounts are given of Chiron's birth. One is with the whole tribe of centaurs. The other suggests Chiron's singular birth descending from the lineage of the Hellenic Gods. He was born to Philyra, a nymph, and was the son of Chronus, a titan. Philyra changed herself into a mare to avoid Chronus. He changed himself into a stallion and mated with her in that form. Philyra delivered Chiron, who was handicapped by being half horse, half man. She begged the Gods to not have to suffer the fate of mothering him. They obliged and turned her into a linden tree.

Chiron is fostered by Apollo and befriended by Athena. Between them they bestow upon Chiron the light of reason and knowledge, the knowledge of art and science, Divination and higher wisdom. Chiron makes his home in a cave in the mountains. He became a teacher, mentor, healer and guide, to the Apollonian heroes, including Asclepius, the God of healing. One of those he trained was Hercules.

One day Chiron is accidentally wounded by a misguided arrow of Hercules. The arrow has poison on it that has no antidote. Chiron, though a master healer, cannot heal the intense suffering incurred.

Eventually Hercules facilitates release of Chiron's suffering by suggesting Chiron's exchange with Prometheus. Prometheus had stolen fire from heaven and given it to mortal men. Zeus had chained him to a rock in Hades, where he had to stay unless someone would descend into the Tartarus. Chiron's suffering and awareness of his incurable wound, made Prometheus' release possible as Chiron agreed to the exchange. By so doing Chiron is released from his pain and he is immortalised in the heavens as the constellation of Centaurus, mainly visible in the Southern Hemisphere.

The story of Chiron illuminates the mystery of wounding and healing. We cannot 'steal' fire from heaven to help us heal unless we have gone through the necessary pain and suffering that is part of our destiny and integral to our growth.

The tragedy of Chiron's birth brings in the theme of rejection and abandonment. Chiron is alone, abandoned by both parents. He could collude with this theme and use his handicap to reject himself. One of the negative qualities of this archetype is self pity. Chiron doesn't do this however. His handicap is the source of his healing. It is through this healing crisis that he connects with Apollo and Athena who help him bring out his gifts of wisdom. It is often the rejection or abandonment in one aspect of life that leads us to connect with our inner acceptance and union. It is also often our suffering and pain which ultimately connects us with Spirit by opening our heart. The separation we feel pushes us to find union and connection to our larger story. It pushes us to higher consciousness and initiation.

Chiron's cave represents the entrance to the unconscious. Underlying his spiritual growth is his eternal instinctual wound. Hercules, who had received so much wisdom from Chiron was the instrument of the wounding. Even though we transmit Holy Light, the wound is a reminder of our vulnerability and the process of wounding and healing. The arrow pierced Chiron in the lower part of his body. The wound is in the lower nature, the part that has to stay on Earth.

The soul grows from the experience. Chiron can represent that which we can give to others but are denied ourselves. It awakens us to the service we are on Earth to give, the selflessness, giving without thought for the self it lets us know that if we place our trust in the Divine and live by the Divine laws we are given eternal life. Chiron becomes a constellation of Stars, and is eternally Light. If we can open to the learning of Chiron on a more global level we can effect changes not only to humanity but to the Earth itself, and help it raise to be the Star of light which is its destiny. Chiron helps to point out the way.

Chiron or the wounded healer is depicted as the half man half horse. It is the battle we have between our instinct and our higher nature. It represents the place where Light can come in to us on all the

different levels of our existence. On the physical plane it will tell us of the time and place that the healing or the crisis is likely to occur. On the astral plane it is the vehicle through which we will find compassion. On the mental plane it is the vehicle through which we start to get insight into higher consciousness in our lives. On the spiritual plane it will be what pushes us to higher initiation. It is a sacred wound. It is a wound that helps us to open our hearts, if we accept it and we open to it. It is difficult to always do that. When we identify it in our lives, it helps us a great deal.

It is through the wounded healer that we learn about our different pathologies, patterns and programs, depressions and obsessions. It governs the crises we go through to expand and raise our levels of consciousness. It is related to a part of us that is wounded. There is no antidote for the wound and it is not easy for us to accept.

Our wound has a very direct relationship with the planet Chiron in astrology. We come into this life with a particular wound, a particular aspect that we have to deal with in order to heal. We all have our wound. Chiron tells us a lot about our wounds. It tells us about the kind of wound, and healing we need to be looking at in this lifetime. We become aware of it psychologically, through the particular crises that have occurred in our lives. If we 'let it hit' when there is a crisis or learning coming our way we feel and experience life. The pain and suffering given in life is given as a gift to help us open our hearts.

THE WOUNDED HEALER WORKS THROUGH THE PLANET CHIRON

The Planetoid Chiron:

1. Is the gate to the philosophers stone (the substance needed to create alchemy and transmute baser substance into a substance of a higher vibration).
2. Initiates a person into higher energies (initiator).
3. On the physical plane, tells us the exact time and place of our wound in relation to bringing in the Light.
4. On the astral plane, is the vehicle through which we learn compassion.
5. On the mental plane, is the vehicle through which we learn insight.

6. On the higher planes, is the vehicle through which we gain higher consciousness of the mystic.
7. Rules alchemy.
8. Rules the point where we are tested.
9. Rules the roles we are playing in this life.
10. Rules the chiropractor, surgery (chirurgy). How you enter with your hand into the world and change it.
11. Works either as the life giver or the killer.
12. Rules healing.

RECONCILIATING OPPOSITES

If we look at the word 'religion' - religion means to bring together that which is split apart. When we are working with the wounded healer we are bringing together that which is split apart Spirit and matter. We enter the process of reconciling opposites, of transforming ourselves through the recognition of the shadow qualities. This is inner alchemy. Most of the archetypes within us have an opposite. According to Jung, (cited in Sharp, 1988, p. 23), it is when we can successfully hold the tension between these opposites that we become whole:

The repressed content must be made conscious so as to produce a tension of opposites, without which no forward movement is possible. The conscious mind is on top, the shadow underneath, and just as high always longs for low, and hot for cold, so all consciousness, perhaps without being aware of it, seeks its unconscious opposite, lacking which it is doomed to stagnation, congestion, and ossification. Life is born only of the spark of opposites.

The more each archetype is recognised and accepted, the more it can make its own unique contribution to the whole. When it is not recognised it becomes split off. In essence sub-personalities can be used as a term to define archetypes. Each has its own life, motive and agenda.

Jean Hardy, in her book, *A Psychology with a Soul* (1987, p. 44), tells us that “in therapeutic work with the sub personalities there are five stages – recognition, acceptance, coordination, integration and synthesis.” These five stages give a good indication of the plan of action taken in most therapies that deal with sub personalities. Firstly, the person must recognise the sub personalities within, otherwise, it is impossible to bring them into awareness. Secondly, the person is helped to find acceptance of the fact that he or she has these parts and is then helped to find a place where it is possible to simply witness them, without judgement. Thirdly, coordination takes place between the person and the sub personalities – a dialogue is entered into and any issues are negotiated. The dialogue takes place between central and peripheral sub personalities, both among the sub personalities and in their relationship to the “I” (the central self). Fourthly, integration of the new awareness occurs. This comes as a result of the dialogue in the former stage. The fifth stage is that of synthesis, that is, all the elements of the sub personalities are combined into a complex whole. According to Jean Hardy (1987, p. 44) “the idea of synthesis is that both the whole and the parts retain their own integrity without rigidity.”

According to Jung, the integrated ego (the ego or conscious self which has gone through transformation and been born anew) has awareness of the various sub personalities and remains balanced between them. It is when we over identify with a particular role or allow a particular sub personality to take over the driver’s seat for all our selves that we become imbalanced and neurotic.

When we are unconscious of our wound, our wound becomes part of our shadow which can, because it has been disowned create havoc in our lives. We need to own our shadow for the sake of achieving our wholeness. Without owning it we cannot develop psychologically or spiritually. We instead create harm to ourselves and others. The way we can integrate our shadow and heal our wound is through the process of alchemy where we infuse the shadow with Light and thereby work towards individuation, bringing to consciousness the unconscious aspects – coming to know the self. We face the dragon in ourselves. Or, alternatively we face our wound.

I have heard it said that the Tibetans suggest that the Bodhisattva has said that salvation does not come merely from sighting His Presence which is the presence of Light. It takes effort, perseverance, diligence and one pointed effort to develop the quality of compassion and thus to live in loving kindness and harmlessness. So it is when we work with the shadow and when we strive to acknowledge and heal our wound. It is not enough simply to make it conscious, though that does take us a long way to understanding ourselves. Rather we must work diligently to bring our shadow into the Light so that it may transform. To do this we need to acknowledge and accept the darkness in ourselves, dare to own it and be courageous enough to deal with it. We can look into what lies behind it, our programs and the

reasons for its existence. We must then also decide whether we want to continue in this way or make change. The decision is ours. To change is to invite alchemy, to allow the Light of soul to reach down further into the denseness of our personality, so that essentially we become more soul like.

To create alchemy we must find the prima materia (the substance we wish to change). Perhaps the substance we unearth is a negative ambition or drive for power. Essentially this is our wound. First we bring it into our consciousness, so that we can see it. We delve into the spirit of the unconscious and strive to bring the substance to consciousness. We look into what is driving that negative ambition and bring its essential fantasy content to consciousness.

Instead of arguing with the ambition, we communicate with it and ask it what it wants and why. It comes to our awareness through the process we are working with, be it counselling, role play, Inner Voice Dialogue, guided imagery, and so forth. Our aim is to bring healing by transmitting Light and energy into our wound. For example, it may be that we dialogue with a symbol of the negative ambition. This allows us to find the deeper meaning and come to know what is behind the energy of negative ambition in us. We observe it objectively, look at it and dare to face it. The process of individuation (becoming whole) cannot be forced, but depends on time, balance and patience. The destructive emotions that we may uncover have to burn themselves out in a safe way, not, for example, by acting them out. We need to experience and/or suffer through aspects of them to attain the needed understanding for our transformation. This is the process of alchemy.

We often feel an inner pressure as alchemy is taking place and we may even feel like we will explode. However, the fulfilment that we feel when we persevere and find the gold makes it all worthwhile as we move towards wholeness. We learn the value of true ethics and morals, and learn to live in truth and love.

Usually in working with the shadow there comes a time when the needed gold has been found from the shadow and attention needs to move away from the shadow so that it may dissolve. If we begin to overanalyse or focus too long on these parts, we can spoil the transformative work. This act of turning our attention away from the shadow calls its bluff, and helps us to become empowered in Light. We move away from the shadow, taking from it what is needed to make us whole, yet without giving it our power or becoming caught in its games.

The shadow self is clever. Sometimes it manifests through fear, guilt, anger, resentment or rebellion. These ways can be the most easily identifiable. At other times it can clothe itself in Light and appear

to be loving, warm and kind when it is really manipulating a situation for its own end. However, if we are persistent in shining Light upon ourselves we will come to see the motives behind our supposed goodness and so uncover the shadow.

By essentially accepting it, once we have acknowledged and dealt with it, it integrates and thereby loses its power and diminishes. As it gathers momentum in its darkness, the shadow can be an extremely negative force and we need to guard ourselves against it. We can do this by regularly checking it and dealing with it when needed, rather than letting it build and grow unchecked. We can also do this by adhering to the principles of harmlessness, justice, truth and love and by striving to redeem ourselves, atone for our errors, and embody the principles we adhere to. That is how Merlin battled the darkness and brought much to Light and that is how we can.

As we persevere and allow the alchemical process to proceed, Spirit rises up out of the transformative fire, bringing healing and creating our inspiration for new direction. We assimilate the gold the activated, valuable unconscious contents through Spirit. Having endured the process, we find the way of wisdom. The way of wisdom is not to go to the extreme of the shadow and yet not deny its existence either. We follow good principles as the way, as our ideal, and strive towards them, yet we have to acknowledge that the shadow exists or we lose balance. Similarly we must acknowledge our wound. We acknowledge what we are, and we do not pretend that is all we are.

Alchemy is a unique process; even though there are aspects of it that are universal, we all experience the process of alchemy differently within ourselves. We all have our own unique wound.

Alchemy is our key to change. It is like magic, yet it also takes effort on our part and the will to want to change. Through alchemy we can find our way out of conflict and depression. It also helps us to deal with emotions such as anger, rebellion, resentment, guilt, fear, pride, ambition and jealousy all of which ultimately keep us in struggle. Alchemy helps us find truth and clarity, vanquishes our negative thoughts, illusions, and oppressive conditions. The choice is ours.

If we wish to create alchemy and so invite change into our lives, we must dedicate ourselves to living a life where we seek to live in truth and live in love, and allow love to be in the centre of our existence. This will take effort, perseverance and determination. Sometimes it will mean that we will need to speak up when we would rather stay silent, and stay silent when we would rather speak up. It is a new way of being that of living in harmlessness, truth and love. It may go against much of what we have been conditioned towards. But it brings its own rewards. As we allow love to enter, all that is not love is transformed by it and we no longer need to live in worry rather, we can relax and enjoy life, the joy,

the sorrow and the pain, knowing that all are needed for our growth and development. As we do this, our lives will become consumed by the power of love, and joy will begin to fill it a deep soul joy.

NEUROSIS

When we do not acknowledge the opposites within us and work at reconciliation we invite neurosis. Neurosis, according to Jung, is being in a state of disunity with oneself. If we can recognise this, neurosis is not such a bad thing, as it provides a step or mechanism through which we can work to find balance again. The problem with neurosis comes when we are not conscious of it. Jung, in his Letters, says:

The person with a neurosis who knows that he or she is neurotic is more individuated than the person without this consciousness. The person that is a damned nuisance to his surroundings and knows it is more individuated than the person who is blissfully unconscious of his or her nature. (Jung, cited in Sharp, 1988, P. 11)

Neurosis, being in a state of disunity with oneself, is nonetheless a problem. Neurosis can come through being in conflict with the mind or emotions, which essentially disables one or the other of those inner bodies. We do not feel comfortable with the conflict we experience, and the world, due to our discomfort, becomes distorted in our view, as do we in our relation to it.

Neurosis comes from the experience of opposites within us. An example of such opposites may be “the perfectionist” and “the slob.” It is precisely the presence of these opposites within us which helps to build our character and to expand our consciousness towards wholeness, even though the process may not be pleasant as we experience conflict. Jung (1976) believed that psychological development in mid life is concerned with coming to terms with the problem of opposites, that is, the disparity between the conscious and the unconscious. For example, we may consciously want to conform and fit in with the society around us. The part that does not want to conform or fit in with anyone, which wants to be independent and perhaps even rebellious may lie in our unconscious. We may become conscious of it being there at times. While it remains unacknowledged it has the potential to create havoc in our lives. The presence of these opposites creates a certain tension through which balance is found and we grow.

Neurosis in our infant life is due partly to certain predispositions. As we continue on in life, we find the cause of neurosis to be the refusal to acknowledge and integrate the shadow. According to Jung (1976),

consciously willed one sidedness is one of the most important causes of the undesirable neurosis. The refusal to acknowledge and deal with our opposites results in neurosis, which can be dangerous when not seen or acknowledged.

Many of us project our neurosis onto others via the shadow because we experience it as unpleasant. We project the neurosis and the shadow. To project is to perceive that what is actually happening within us is happening in others. This has been done throughout history between and within groups. This happens between the genders, between races and between religious groups. It also happens within organisations or groups of which we may be a part.

INTEGRATING THE SHADOW

Dealing with the shadow is not an easy process, as the shadow often has us encircled and beaten, and we can move into a rut and become downhearted. Yet the shadow also contains a gift for us which becomes evident as transformation takes place through the process of alchemy.

Dealing with our shadow will often lead us to where we are wounded. Our shadow can be our unrecognised ally which comes forward to be integrated. As we dare to open to assimilate it, we become aware of our limiting thoughts and rigid ideas, and we open to change and healing, allowing the old ways to dissipate and make space for the new.

Recognising, acknowledging and owning our shadow does not mean we should let it have control over us. If the shadow takes us over, it can devour the life force in us and we can become imbalanced and even dangerous, for example, if our shadow is full of aggression.

However, if we are to integrate the shadow, we must learn to accept and to love it, so that the gifts of dealing with it can be revealed. Johnson (1993, p. 40) tells us:

We are advised to love our enemies, but this not possible when the inner enemy, our own shadow, is waiting to pounce and make the most of an incendiary situation. If we can learn to love the inner enemy, then there is a chance of loving and redeeming the outer one.

If we look at the fairy tale of Beauty and the Beast, we see how Beauty's love for the Beast, in spite of its ugly appearance, enables the Beast to turn into a handsome prince. This serves as an analogy for what can happen with the shadow when we take the step of loving it unconditionally. It also lets us know how we can deal with our wound. We must learn to love it. The moral of this story touches the heart

and teaches us to look beyond the mask, beyond appearances to the true essence of what lies within us. It reminds us to look for the good in all, instead of being critical and judgemental. This is something we need to remember when we are dealing with the less than perfect aspects of ourselves.

If we find darkness within us by shining the Light of truth upon our darkness, it can sometimes be quite a shock to see the stark reality of our shadow selves. However, this teaches us that we are made up of darkness and Light. It also lets us know that we are not perfect, helping us develop compassion for ourselves and others. If we wish to change, we need to deal with the shadow and allow our inner alchemist, the part of us that can shine the Light of soul on the shadow, to come forward.

The Pied Piper is an archetype of the alchemist within us. He knows what to do to get the rats out of the town, and he does so by playing the flute and bringing in the fairies. He is the muse who knows how to create and work with light to cleanse the darkness. However, the Pied Piper has not yet learned to be selfless and master his pride. When his work is not recognised by the townspeople, he becomes vindictive by drawing the children out of the town. He is able to work with others' shadows, but, like many of us, has more difficulty when it comes to his own. Perhaps the more evolved version of the alchemist or magician archetype is represented by Merlin who is as wise as he is magical and uses his magic for the purposes of good. Even Merlin had his weak spots, though, which is something that we as humans must come to accept about ourselves, not with complacency and resignation but with grace and humility, as Merlin did. His aim was not to use his magical power for his own selfish ends. Rather, it was to use his inner power in the struggle against darkness, within and without, for the good of all. His aim was to radiate Light, not to be consumed by darkness, and to lead a good, moral and ethical life – an ideal worth striving towards. The beauty of Merlin as the archetype of the White Magician is that he shows us the power of Light to create alchemy.

It is the Light which is the main tool of the alchemists. Merlin also awakens us to the fact that we have Light within us, and this Light guides us to our wholeness. The Light helps us to become illuminated. It helps us to purify ourselves, heal our wounds, transmute our shadow and enables our inner self to shine forth, radiant with Light and love. It is the Light which essentially enables alchemy to take place and enables us to become whole.

The value of the integration of the shadow is well summed up by Johnson (1993, p. 17):

To own one's shadow is to reach a holy place an inner centre not attainable in any other way. To fail this is to fail one's own sainthood and to miss the purpose of life.

The process of alchemy helps us to actualise the highest qualities of the archetypes within us and to redeem the lowest aspect or their weaknesses. It is alchemy which helps us to locate and heal our inner wound, and which reminds us that we are all wounded and in need of healing.

Like Chiron we may have difficulty in helping ourselves to heal until we truly learn that it is in helping others that we essentially help ourselves; through selfless service and cooperation with the Divine Laws. Therein lies our healing.

CHIRON TRANSITS

Chiron transits are felt personally. They are times when Chiron makes contact with aspects of a person's natal or astrological chart. Chiron transits also reflect themes in the collective unconscious that need to come to conscious awareness and be healed. They are potent times of reconnection to the Self and bring revelations in the process of individuation, through the meeting and acceptance of our woundedness.

Through our wound we find our limitations and balance the parts of us that have become too inflated. We are called to something greater, and we find our humility. Chiron is a profound influence. It connects us to our Spirit and demands that we move towards wholeness by directing healing to the part of us that has always felt alien or handicapped. We experience the healing capacity present in the wound.

The wounding is the psyche's way of bringing the disease to our awareness. By embracing the wounded aspects of ourselves we can heal. In order to heal we must surrender to the soul. As we live out the repressed feelings, which are activated when we are wounded, we experience pain. In the pain we find healing images that show us the Path we must walk.

When Chiron impacts upon us, we need to enter the healing temple to receive images from the psyche. It is these images which reconnect us to our soul and alter the course of our lives. Chiron is our guide to the Higher Self. If personal or psychological sacrifices are called for, we must make them. That which has been denied or repressed, is brought into the Light. As these aspects come to the surface, and we embrace them, we can prevent further injury to the wound. If we deny it, the wound festers and we cannot heal. Near death experiences, that bring heightened awareness, often occur during potent times of Chiron's transit.

Chiron has four different points of contact in our lives when it comes forward strongly. In astrological terms, these occur at the first square, during its opposition, the second square and at its return. The terms, first square, opposition, second square and return refer to the relationship transiting Chiron has to the position of Chiron in your natal chart. If you do not understand astrology you may not understand this. Please do not be concerned about it, simply know there are four times in your life when Chiron's influence is felt. If you want to find out when these are and how you may be affected you may wish to speak with an astrologer.

At these four times during our lives, the crisis comes forward to be worked with. Each time we are given an opportunity to use its influence, as a way of developing our consciousness to a greater level. We have to accept the suffering, take responsibility and dare to love. It is the key to opening the heart and is given as a gift. When we accept it as that, an enormous healing takes place. The wound may stay there as a reminder of the pain and as a reminder of what you have learned. It gives you other strengths and qualities that are needed to develop both psychologically and spiritually.

It is not a limiting wound, but a wound through which pours the life of God, a guarantee that after such an experience a person can never live unaware of spiritual reality.

(John Sandford)

THE SACRED WOUND

The sacred wound leads you to your soul and to a greater consciousness. Experiencing our wound is usually is not pleasant. We are forced to confront the reality that we are holding and change it. It gives us another reality. It can come to us through other people who stand with a completely different reality to ours and we can't make head nor tail of that reality. How can he or she have that reality and I have this reality and both be feasible? Is that possible? If others don't share my reality, what will my world become? I'm faced with this other reality in front of me, and need to integrate it.

What needs to be integrated may come in the form of a crisis that occurs, that I didn't want to have happen. I'll say, "No. Go away!" "I'll deny its existence, but it won't go away, no matter what I do it won't go away. I'll try to avoid it run around it. It is the wounded healer, it won't go away. There's no cure. I can't send a magic potion on it and get rid of it. It will stay there until the soul learning has gone through.

The wound has a different nature for most people. It is easy to think that everybody is like us, that they all have the same lessons to learn. People are functioning very differently to each other, with very different lessons to learn.

The wound is actually what is given to us to help us open the heart. It sometimes comes in the form of a crisis. It can be very difficult to explain this in mental concepts. The mind has difficulty clearly grasping it because the understanding comes through the experience. It is also very different for each of us. I can't give you one way of looking at it because each one of you as a different learning. Each one has a different aspect, a different placement of that Chiron in your life. You will all experience it differently as well. It is sometimes difficult for us to explain to another about our pain and crises. Not everybody will understand. When we get moments of sharing, compassion and caring from another, it is a very special moment. It is unique to have someone understand the pain that we feel. We feel that no one can understand it because we all experience it so differently. The wound is the key to the opening of the heart. It pushes us to accept the suffering, and to open the heart.

LOOKING AT OUR OWN CRISES TO FIND THE LEARNING

Think about the crises that have occurred in your life. Think about the actual events that have occurred in your lives that have made you conscious, in the way that you are now conscious. What has happened to you to give you that consciousness? How did you come by it? Were there crises that occurred to give it to you? Did they come slowly? How did they come?

Every reader here will have had different sorts of crises that will bring about the awareness that Chiron, the wounded healer brings. Let the feelings and the memory of that crisis come a little to the consciousness.

THE CLIENT, THE HEALER AND THE WOUND

When we go for healing we have a wound. We come know what that wound is. Usually when we choose a healer we will choose a healer that has a similar wound, who understands the wound, and who knows the way to heal it. We pick them unconsciously because they know the way to heal it. What the healer is doing is constellating the Healer in you. Constellating means making it tangible, bringing it out in you so that you then can heal yourself. When a healer loses sight of his or her wound, they may start to go into the saviour complex. The inflation that occurs as a result can render him or her incapable of helping the client to constellate the healer within.

The wound is sacred and can be found when looking at the pattern of the soul. The wound relates to something that must be learned. The learning takes place through the personality, through the events in this lifetime. When the incarnation takes place the karmic seeds are put into the 'etheric double' so that lessons may be learned. It is at this point where the archetype of the wounded healer and Chiron are at play. It is the point at which there is a split between the instinctual urges from life on Earth and the Higher Self. Chiron's struggle is that experienced between the personality and the soul. That is why it is represented as half man and half horse holding an arrow. The arrow is what creates the wound.

The client has an issue to work on and goes to the healer. The healer, through staying conscious of their own wound, can help bring out the healer in the client. The healing energy flows from the Christ through the healer to the client. The Christ, through the healer, brings out the healer in the client.

The healer needs to stay conscious of their wound and not forget how they got to where they are. It is like a particular empathy, or an attraction force that brings the client in, that allows a higher vibration to go into that client's wound than he or she would be able to do him or herself on his or her own. The healer has also on some level of their existence and development worked with this, and is able to take the Light through that wound into the client. It is an unconscious process. The healer might not be aware of it totally. Certainly the client won't be, because it is unconscious in him or her. The client heals by taking responsibility for his or her own healing.

We need to remain aware of the wound. The unconscious is contaminated by the client's and the healer's wounds. If the healer doesn't stay conscious of their wound, this contamination will be what stops the healing from taking place in the client. As long as the healer stays conscious of this axis, between their wound and the part of them that is working in the client's healing process, they will be able to stand out of the way and allow God to do the healing. When they are not able to do that, they are not able to stand out of the way, because the unconscious is working and contaminating the relation to the client, contaminating the perceptions of the client and contaminating the diagnosis of the healer to the client.

In the process of helping we enter into someone else's pain and constellate the inner archetype of the healer. In fields such as spiritual healing, counselling, homoeopathy and dreamwork, the state of the psyche and its images are used as healing agents that help us find our Path. The healer helps constellate these in the client, thus activating the inner healing of the client.

INFLATION

If a person working in the field of healing or helping over identifies with the healer archetype, burnout and/or inflation can occur. The ego identifies with the archetype and is infected by it. It is here we run the risk of becoming caught in the negative aspect of the saviour complex and inflating becoming the great saviour, martyr or rescuer. This is explored in the booklet *The Saviour Complex*.

CHIRON IN THE HOUSES

The house placement of Chiron determines where we are tested and in what area of our lives we will find our wound. Some general points relating to each house placement are listed briefly below. Some of the information has been taken from Barbara Clow's (1994) *Chiron, the outer bridge between the inner and outer planets*, some from Clark's (1994) *Keys to understanding Chiron*, and some is from my own observation with clients.

Chiron in the 1st House:

Finding the self through learning to express in the physical plane.

Take action on the physical plane; learn to heal physically; take on leadership; problems with the ego. For example, I am the healer. Balancing through a relationship. Find the self by being physical.

Chiron in the 2nd House:

Finding the self through life values.

Difficulties with finding values in life; learn values about economy; learn about possessions on all planes; find the self through compassion; relationship to the animal kingdom. Balanced by inner occult issues.

Chiron in the 3rd House:

Find the self through integration and communication.

Learning by making mistakes; discrimination on the Earth plane; agility.

Siblings: either there is no sibling causing a sense of isolation or there is a sibling critical to growth (or what you are doing).

The adept who knows everything; stubbornness. Learning to honestly say when something doesn't fit. Balanced by contacting the higher self and communicate through the higher self and thereby be a good communicator. Learn brother sisterhood. Communicate through a media. Problems with sex and lower astral 'hooks' which may turn into violence. It is difficult for parents to understand this child.

Chiron in the 4th house:

Finding the self by finding the roots.

Difficult childhood. Knows when people are suffering. Nervous and put this nervousness into one's environment. Need to give or help otherwise they get sick. There are family issues. Their dharma is to understand that when they heal themselves they will heal the Earth simultaneously by protecting it. Work with protection, have a good intuition on working with the past. Need their home. Diseases in the skin or candida. Balanced by helping others or giving.

Chiron in the 5th house:

Finding the self through creativity.

Difficulties with the individualisation process; very intense; find out how the inner child works; working with being approved, "can everybody see me"? If strong (approval) this can turn out to be a general or a monster; contact the higher will which is controlling the higher self; finding that I am that I am; working with the ego. Balanced by finding the light and higher creativity.

Chiron in the 6th house:

Finding the self through service.

Knowing one's individual form in matter. Body, mind, balance is critical; working with criticism and learning to give it in right way. Can be a hypochondriac, workaholic. Needs to

learn to balance that. Learn to balance the need for perfection; work with the synchronical principles; balancing by a way to relate to God and realise that every experience in the outside world is our teacher.

Chiron in the 7th house:

Find the self through relationships.

Working with projection; working with the other person and say that “I am in you and you are in me”; inappropriate adoration of others; problems with the physical life but have the energy to influence the Earth (through services); open to the inner worlds; karmic relationships; learn to value self and that what is going on around us is caused by our own thought forms.

Chiron in the 8th house:

Find the self through the struggle with the earthly desires, sex, money, power and immortality.

They may have greed and tendency to greed. A tendency to use power and the sensitivity given by the Plutonian forces and get control over others. Highly conscious detective; need to master the discriminative nature and take rightful power; clear early pain and confusion from early childhood trauma or past lives.

When balanced they can access spiritual forces.

Chiron in the 9th house:

Find the self through developing connection with the soul.

Teach spirituality and philosophy. Intuitively understand natural laws; travelling in the inner and the outer; meditation to help themselves; and the recognition that they are not in touch with the soul and must develop connection through meditation. A tendency to judge and condemn others and think they know more.

Balanced by bringing spirit into matter; develop humility and balance and be realistic about the amount of the higher self they have.

Chiron in the 10th house:

Finding the self through opening the heart and seeing the power of the heart as a sacred gift.

Struggle to manifest true purpose on Earth. A tendency to avoid power. Family issues. They have authority even though they prefer not to use it. Attracted to religious field or new age work; women are often nuns and if the women have too much power there may be difficulties in relations with men. Often the woman has father complexes and the men have mother complexes. To balance it they have to be assertive. These people are driven to work in their chosen field and need to balance the life to reduce the stress potential.

Chiron in the 11th house:

Find the self through giving the individual gift to or within a group. Crises about creativity and idealism.

Strong feelings of a great destiny which may be difficult to attain. They can have the gift to give when the ego isn't involved. If they are overly attached to the destiny they can get sick from the struggle; they can be prone to defeatism and fatalism.

Balance themselves by learning detachment and letting go.

Chiron in the 12th house:

Finding the self through mysticism.

Developing trust and intuition and cultivating inner knowing. They are curious and study deeply. Attracted to esoteric teachers; gate openers to the new age and need to exercise free will. They have lessons about teacher and gurus. The goal is to figure out which esoteric order they have lived with for many life times. They have come to fulfil a high purpose and need to work through their blocks; unravelling confusions of the astral veil so they can begin their task.

They balance it by exercising free will, developing discrimination and accepting their task.

This gives some indication of the different areas in which our wound manifests. The house placement helps us to identify it. For a fuller comprehension of the wound, its nature and specific description, we would need to also look at the zodiac sign in which it occurs, and the aspects it makes to other planets in the natal chart.

BACH FLOWER

Bach flowers are remedies made from flowers that have been developed by Doctor Bach who is a homoeopath. By taking these remedies which come in the form of clear liquid, relief and relief of stress and distress is said to occur. The Bach flower Centaury is helpful with problems associated with this archetype. It helps bring awareness of our wounding and helps us not be victim to our own helpful nature.

A GUIDED INNER PROCESS TO BECOME AWARE OF YOUR WOUND

Just close your eyes and let yourself relax completely and go within. Think about your particular crisis. Just take in a few deep breathes, and we call upon the Light of truth, of courage, of strength and we ask within - what is the nature of our wound?

Allow yourself to go back in time to that crisis which occurred in Your life.

What is it that happened? What is happening around you?

Call upon the Light of Christ now and ask the Light of Christ to go into that crisis within and to heal what needs to be healed. Let the Christ light enter. Ask what is it I need to learn? What do I need to understand?

Let it hit. Let yourself feel the pain and the suffering. Let that pain and suffering take you into a new consciousness.

Slowly let yourself begin to return.

CONCLUSION

Through the archetype of the wounded healer we come to see that for many very good healers it can be much easier to recognise and heal the wound, the neurosis and the shadow in others than it is to recognise and heal our own wound, neurosis and shadow. This is the paradox of Chiron – to help us connect with the Light of heaven we must experience our own unhealable wound, and find peace as we come to rest in, accept, and rise beyond the conflict of the opposites within us.

To heal others successfully we must, even though paradoxically we cannot heal our wound, become conscious of it. In this way we do not get caught in the projection, transference and counter transference that may otherwise come into play as hazards of the trade.

Chiron is a planet which has a unique relationship to the unconscious. It brings to light the archetype of the wounded healer. It is no accident that it should recently have been discovered as it parallels a time in human history where much headway is being made into the study of the unconscious and its role in helping us to heal. As healers we must strive to become aware of Chiron's mysterious nature as well as to understand the unique effects it has and will come to play in our own lives and journey towards wholeness, harmony and healing. Chiron comes as a reminder that as healers we have a responsibility to come to know ourselves - "healer, heal thyself."

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TARAJYOTI GOVINDA
(1958-1999)

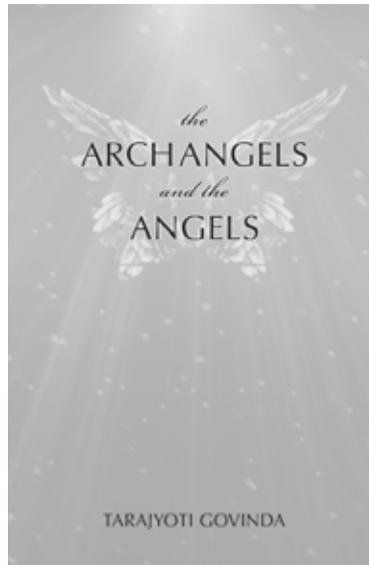
B.A. Dip. Ed. Grad Dip. Psych. Couns. MAPS

After a spiritual awakening and death experience in 1983, Tara began working as a spiritual healer, counsellor, teacher and group facilitator. She became a psychologist whose major focus was the synthesis of spiritual and psychological transformation. Tarajyoti was the founder and director of The Transformational College of Education and co-founder and director of The Theosophical School of Healing.

Her main interests were Theosophy (the study of Divine Wisdom); Jungian psychology; music; native spirituality; being in nature; painting and other creative endeavours.

Tarajyoti ascended 5 April 1999 after many years of devoted work.

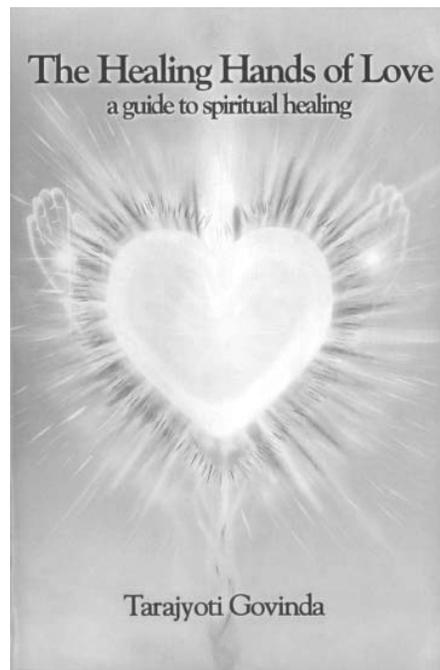
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THE ARCHANGELS AND THE ANGELS

The Archangels and the Angels takes us on a journey into the angelic kingdom where we explore the evolution of the angels, which runs parallel to our human evolution. An easy-to-read account, this book explains who the Archangels and the angels are; what they do; and describes the characteristics of specific Archangels and angels. Knowing about the Archangels and the angels helps us to cooperate with them. It helps us to rise in consciousness to the world of Light and Love, and we come to know that we are not alone. The Archangels and the angels are great healers. In opening to them, we open to healing.

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**THE HEALING HANDS OF LOVE:
A GUIDE TO SPIRITUAL HEALING**

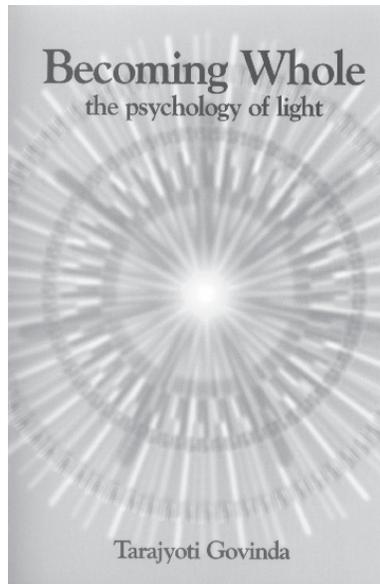
The Healing Hands of Love is a journey into the spiritual realms, delivering a blend of spiritual knowledge and wisdom that comes from experience and heart.

This book is written as a guide for those walking the spiritual path. It contains heartfelt tales of communion with Spirit intertwined with the Divine Wisdom.

A vast array of spiritual topics are covered, including: spiritual healing; the angels; the human structure; the chakras; the aura and its colours; the healer; reincarnation; karma; the unconscious; regression; guided imagery; alchemy and healing the shadow.

The Healing Hands of Love is for those who wish to heal.

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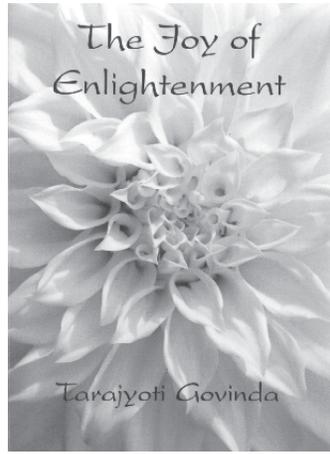
**BECOMING WHOLE:
THE PSYCHOLOGY OF LIGHT**

In this book Tarajyoti addresses the issue of Spirit in our psychology, taking us through the wastelands to the Grail of our heart, reminding us of the healing power of love and Light.

Becoming Whole takes us on a journey towards the lightness of being; creating alchemy; discovering our many selves; empowering the higher mind; looking for meaning; embodying the dream; meeting the monster; taking courage; finding forgiveness; sharing from the heart; trusting in immortality and embracing the Grail.

It is for all who seek to know themselves and aspire to acquaint themselves with the Light of soul. It is a guide for self-exploration which provides some of the keys we need for dealing with our anger, fears, guilt, grief and depression and for opening to the Light within our being.

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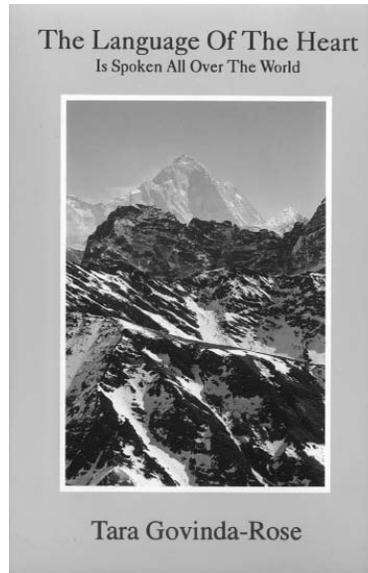
THE JOY OF ENLIGHTENMENT

“When our hearts begin to fill with compassion we are unaware of what sweet miracles may come. Life changes. Motives change. Our senses are touched and a softening occurs. Sometimes tears flow. There is no pity. No condescension. There is a consciousness that embraces all with love.”

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It will touch your heart and awaken you to the depths of your own journey on the path towards Love and Light.



Deva Wings exists as a portal for spiritual understanding, coming into being on Right Human Relations day in 1994.

Our purpose and objectives are:

1. to spread the Light through understanding of Spirit, making the teachings of Theosophy (Divine Wisdom) comprehensible to all.
2. to offer education in Theosophical principles.
3. to offer education in Spiritual Psychology so that we may come to understand ourselves and become that which we truly are.

Deva is a Sanskrit word meaning shining one or angel. The concept is such that the Light and teachings of Spirit will spread over the Earth on the devas' wings.

We offer these materials in love and joy and in the hope that they serve you well.